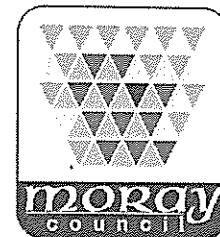


Elgin Academy

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Acting Head Teacher: Kyle Scott BA (Hons)



Together Everyone Achieves More at Elgin Academy

Our Ref: LT/LU

Date: 1 March 2019

Dear Parents/Carers,

Mental Health and Wellbeing

One of Elgin Academy's school improvement priorities is to better support the wellbeing and mental health of our school community.

To make progress on this we have been working more closely with our partners in other sectors and with outside agencies this academic year. Penumbra is one of Scotland's largest mental health charities. They have a number of training sessions and events coming up in March that may be of interest to our young people and/ or their families.

Please see the attached documents for further information about upcoming events for over 18's and how to book places.

Yours faithfully,

Ms E. Toon
Depute Head Teacher

