



Elgin Academy

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Together Everyone Achieves More at Elgin Academy

Our Ref: K.A/L.S

Date: 28th February 2019

Dear Parent/Carer

Tough Mudder 2019

On **Friday 3rd May 2019** Elgin Academy's Tough Mudder event will take place. The pupils will walk from the Academy to Quarrel Woods and back. Below is a list of what your child will need on the day

Drinks / Water
Snacks
Sensible and appropriate footwear (preferably old shoes)
Appropriate clothing

On the day of the event pupils will walk with their HWB classes, accompanied by their teacher and be supervised throughout the day. Pupils will be taking part in an obstacle course designed by students of Moray College and led by Alan Donnelly.

The course is designed to accommodate all pupils and will be a team task. Pupils have been preparing for the event by learning about the wellbeing indicators and participating in team events with their class.

Pupils will get dirty when participating in the event; it is advised that pupils do not wear new clothes or new shoes. They will be required to climb and crawl under certain obstacles, it is suggested they wear loose clothing that will allow for this. Pupils will be absent from school all day to participate in the event.

If you **do not** wish your child to take part in the Quarrel Mudder then please complete the tear off slip attached and return it to school via The Reception.

If you have any question regarding the Quarrel Mudder please do not hesitate to get in touch with the school.

Kind Regards

K Ainslie



Pupil Non-participant Slip

Name..... Class.....

I **will not allow** my son/daughter to participate in Elgin Academy's Tough Mudder Event on Friday 3rd May 2019.

Signed..... (Parent/Guardian)

